The 12 Question Fiction Writing Conflict Test

No.	Question	Yes	No
1.	Is your protagonist an anti-hero?	0	1
2.	Is your protagonist pitted against another person in the story?	2	0
3.	Does something happen in the opening chapter to force your protagonist out of their comfort zone?	1	0
4.	Does your antagonist have something to lose in the story?	1	0
5.	Does your protagonist have to change for the conflict to be resolved?	1	0
6.	Does your antagonist have to stay the same for the conflict to be resolved?	0	1
7.	Can the major conflict in your story be resolved with an honest chat between your characters?	0	1
8.	Is the conflict resolved because one of the characters makes a sacrifice?	1	0
9.	Does your protagonist only have to overcome their own fears to achieve the story goal?	0	1
10.	Does your protagonist have to achieve something tangible in the story? (Examples: to get something physical, to avoid something physical, to leave or go to a physical place.)	2	-1
11.	Does it seem impossible for your protagonist to achieve their story goal at least once in your novel?	1	0
12.	Is there a sense of time running out – a deadline – for your characters?	2	0

Results

Score	Result
12–15	You have enough conflict. You have placed your characters in their worst nightmare. Congratulations! Your characters are also integral to the plot. You have probably worked hard on plotting and sub-plotting.
7–11	You have adequate conflict. You can probably get away with this if your writing style is exceptional. Why are you not making things more difficult for your characters?
1–6	You do not have enough conflict. You will probably get stuck quickly and repeatedly because your characters are too ordinary. You need to raise the stakes.